

# Lakehead nurse practitioner-led clinic recruits a new NP & celebrates a retirement



The Lakehead NPLC would like to recognize our own Sandra Crawford, DNP for her outstanding service to the patients of our clinic, and to the nursing community. Since graduating

as one of the first Nurse Practitioners in Ontario nearly 20 years ago, she is now ending this chapter of her illustrious career and retiring from full-time work at our clinic.

Patients who are under Sandra's care will continue to have their health care delivered at our clinic, with Christine Miller taking over her role. Christine has been practicing as a Registered Nurse in emergency care, paediatrics and northern nursing across Canada, and here in Thunder Bay. Christine has contributed her nursing skills as a volunteer camp nurse in a number of locations, and has also published and presented on clinical topics, health teaching, and team building.

We are excited for this new development in the organization, and wish Sandra all the best in her future. We are very grateful for the contributions that Sandra has made here at the clinic, and for her role in advocating the benefits of Nurse Practitioner care. Many nursing and NP students who've graduated from Lakehead University owe her a great deal for her role as clinical instructor, or preceptor for those who have done placements with the NPs at our clinic.

Sandra has been involved with Lakehead NPLC since it's inception, just over four years ago. She was an important part of the founding of the Lakehead NPLC and helped to develop the proposal and implementation of the clinic along with our Board Chair, Lynne Thibeault, DNP and a group of local NPs. She was the clinic's first Lead NP and helped to build the clinic's care team as the organization was growing.

Throughout the four years that we've been a clinic in the old McKellar Hospital space, patients of Nurse Practitioner-Led Clinics (NPLCs) have access to see all providers in the health care team, including the nursing staff, Registered Dietitian, Social Worker, Pharmacist, and consulting physicians. Nurse Practitioners diagnose illnesses, provide health teaching to manage your own health, order diagnostic tests and imaging, prescribe medications, and refer to specialists. All of this is done without billing OHIP for individual tasks, making the care patient-centered and very cost effective for the health system.

Care at NPLCs is focused around providing accessible, integrated care that is patient centered. Wait times for appointments are minimal, and there is currently no wait time for becoming a patient at our clinic. We partner with many health organizations in Thunder Bay such as the Regional Health Sciences Centre, pharmacies, labs, and many other providers to deliver care to our patients across the spectrum of their health needs.

## Need a Check-Up?

Have you been waiting for a medical appointment?

## Have you considered a Nurse Practitioner?

### Nurse Practitioners Can:

- Perform physical check-ups
- Diagnose and treat illnesses and/or injuries
- Give immunizations
- Screen for cancer and other conditions
- Order & interpret diagnostic tests (X-Ray, blood work, ultrasound etc.)
- Prescribe medications and monitor chronic conditions
- Provide health teaching to manage your own health
- Make referrals to specialists



**We offer twice-weekly walk-in clinics for our patients & same-day appointment bookings. Nutrition and Mental Health counselling through Dietitian and Social Worker. All free and accessible to our patients!**

## We Are Accepting New Patient Applications

from residents of Thunder Bay who do not have access to another primary care provider.

A collaborative practice approach is used which includes: Registered Nurse, Registered Practical Nurse, Registered Dietician, Social Worker, Pharmacist, and Consulting Physicians

**Download the application online: [www.lnplc.com](http://www.lnplc.com)**

**or visit the clinic: 101-325 Archibald St. (807) 475-9595**

**Lakehead**  
Nurse Practitioner-Led Clinic

